



St. Cyril of Alexandria
28 Walton St.
Alexandria Bay, NY

Saturday 5:00 p.m.
Sunday 10:00 a.m.

The Catholic Community of Alexandria
17 Rock St.
Alexandria Bay, NY 13607
315-482-2670

pastor@stcyriils.org www.stcyriils.org

Rev. Douglas G. Comstock, Pastor
Bernard Slate, Deacon
Joel Walentuk, Deacon



St. Francis Xavier
43596 State Route 37
Redwood, NY

Sunday 8:30 a.m.

Liturgy Schedule for Week of February 4, 2018

Saturday, Feb. 3, 2018

5:00 p.m.

Sunday, Feb. 4, 2018

8:30 a.m. (SFX)

10:00 a.m.

Monday, Feb. 5, 2018

8:00 a.m.

Tuesday, Feb. 6, 2018

8:00 a.m.

Wednesday, Feb. 7, 2018

8:00 a.m.

Thursday, Feb. 8, 2018

8:00 a.m.

Friday, Feb. 9, 2018

8:00 a.m.

Saturday, Feb. 10, 2018

5:00 p.m.

Sunday, Feb. 11, 2018

8:30 a.m. (SFX)

10:00 a.m.

Fifth Sunday in Ordinary Time

Katherine Welsh by Diane Welsh & Family

Emma George and Family by her Estate
Molly Plantz by her Children and Grandchildren

The Intentions of Greyson C. Topa

The Needs of our Parishioners

The Bowdy and Kothar Families

Liturgy of the Word with Communion

The Faithful Departed

Sixth Sunday in Ordinary Time

Katherine Welsh by Dean & LouAnn Honeywell

Mr. & Mrs. Donald Watson by the Estate of Emma George
Dominic Giordano by Tim & Diane Kring

Sacrament of Reconciliation

Saturday 3:45 – 4:30 p.m. at St. Cyril of Alexandria Church

Sunday 8:00—8:15 a.m. at St. Francis Xavier Church

Our Stewardship

January 27 - 28, 2018

Envelopes	\$821.00	Respect Life	\$341.00
Plate	\$233.00		
Youth	\$0.00		
Electronic Giving	\$119.00	Fuel Collection	\$10.00
Total	\$1,173.00	Total Fuel Contrib.to Date	\$14,168.00
Last Year	\$1,282.00	Total Fuel Goal in '17-'18	\$20,367.00

Scripture Study

The next Scripture Study Program continues in St. Mary's Parish Canter, Clayton this Wednesday, February 7th at 7:00 p.m.

Ashes For Valentine's Day

Lent starts in 10 days. This year, the sacred Lenten period begins on a more romantic note than has happened since 1945; Ash Wednesday falls on Valentine's Day! And Easter will be on April 1st... April Fool's Day...which is strange and exciting at the same time!

Some may breathe a sigh of relief for the excuse to keep Valentine's Day plans a bit low-key. For others, who enjoy a fancy dinner out, or a box of chocolates, they may breathe a sigh of longing to have to wait a day (or celebrate early).

But...thanks to Ash Wednesday... this special day can be celebrated in many unique ways:

Couples can go get ashes together. Receive the ashes as a couple – if you're married, as "one flesh" – and remember your own penance when you see the ash smudge on your partner's forehead.

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- Take on a "couple's penance" for the season of Lent, by sacrificing together. Abstain from the same things, together, receiving support and encouragement from your significant other when you are feeling a bit lazy and unmotivated
- Become Lenten prayer buddies and make it your goal to pray for each other's intentions during the entire season in an even more powerful way.
- Undertake acts of charity together, such as visiting a shelter or volunteering for some community service.
- Decide on some concrete steps to follow during the season of Lent to strengthen your relationship. Ask the real St. Valentine to assist you with his prayers.

There are so many different and creative ways to celebrate love on Ash Wednesday. Remember that Ash Wednesday marks the beginning of the spiritual season when we prepare ourselves for the mysteries of the Passion, Death and Resurrection of Our Lord, which was God's ultimate Act of Love for each one of us. There is no greater love than to lay down one's life for one's friends (John 15:13). This Valentine's Day could be a powerful moment when you begin to rediscover the spiritual force of God in your relationship, and to begin living out your love for each other in more Christ-like ways. There is powerful romance in that.

(Adapted from an article by Fr. Joshan Rodrigues, a priest from the Archdiocese of Bombay, Mumbai, India. He is currently at the Pontifical University of the Holy Cross in Rome, studying Institutional and Church Communications.)



Humility & Grace

The Bible describes humility as meekness, lowliness and absence of self. The Greek word that, in Colossians 3:12 and elsewhere is translated as "humility" means "lowliness of mind."

Jesus is our model for humility, as He did not come to be served, but to serve. In His humility, He was always obedient to the Father. Paul is another example of humility as, in spite of all the great gifts and understanding he received, he saw himself as the "least of the apostles", the "chief of sinners." [1Timothy 1:15; 1 Corinthians 15:9] Paul was always careful to make sure that God was glorified in his life. [Philippians 3:6] He knew that no matter how many "heroic" things he did, it was only by the grace of the Lord that he could stand before God freed from guilt and condemnation. Only grace could secure his humility.

St. Augustine says, similarly, "Do you wish to construct a tall and lofty building? Think first about the foundation of humility. The higher your structure is to be, the deeper you must dig the foundation." Both Augustine and Paul assure us that we owe everything to God's grace in Jesus Christ. Additionally, Venerable Bede says, "Whatever good we see in ourselves, let us ascribe it to God and not to ourselves."

"In all things give thanks." [1 Thessalonians 5:18] But for our thanksgiving to be an act of humility, it must come from more than our mouth...it must come from our heart, with a firm conviction that all good comes from the infinite mercy of God.

In an image seen online:

"Grace is when God gives us good things that we don't deserve.
Mercy is when He spares us from bad things we deserve.
Blessings are when He is generous with both.
Truly, we can never run out of reasons to thank Him.
God is Good all the Time"

Thank you, Lord, for your grace. Everything I am and have and do flows from your goodness.

Judy Pearson